New York State Department of Health

Hospitals of the Future: February 9, 2006
Nursing Homes of the Future: March 9, 2006

Lisa Wickens - Deputy Director, Office of Health Systems Management
Neil Benjamin - Assistant Director, Division of Health Facility Planning
Thomas Jung - Director, Bureau of Architectural & Engineering Facility Planning
Snapshot

- Number of Homes.
- Age of Plant.
- Occupancy.
- Programs.
- Competition for residents.
Factors Driving the Need for Change:

- Availability of alternatives
- Technology
- Consumer Preference & Awareness
- Acuity
- Fiscal Pressures – Providers, Payers, Employers
- Staffing Issues – Cost, Recruitment, Shortages
- Difficulty Navigating the Convoluted System
Factors Specific to Long Term Care

Consumer Preference for Independence, Least Restrictive Setting
- Integration with the Community
- Adaptability for Differing Acuity & Individual Needs
- Specialty Services
- Skilled Nursing homes offering non-institutional alternatives
- Urban vs. Rural distinction
Nursing Home Facilities
1960-1980 Nursing Homes

2-Bedded Resident Rooms

Nursing & Support

Common Areas

40-Bed Nursing Unit
1990’s Nursing Homes

Sub-Units/Pods

Satellite Nurses Work Station

40-Bed Nursing Unit

Satellite Lounge and Dining
Nursing Homes in the Future

• Resident Centered Care

• Innovative Approaches
- Household Models
- Technology
- Emphasis on Hospitality
- Adaptable Construction
- Patient Safety
- Community Integration
Schuyler Ridge Residential Health Care, a 120-resident skilled nursing facility in Clifton Park, New York.
Program Initiatives

• **Short-term Rehabilitation**
  - Though occupancy and length of stay are down, discharges are up

• **Special Care Units**
  - TBI
  - Behavioral Intervention
  - Bariatric
  - Dementia-Related
  - Dialysis/Ventilator Dependent
  - Pediatric/Ventilator Dependent
Program Initiatives

- Continuum
  - Institutional
  - Non-Institutional

- Baseline Infrastructure Development and Considerations:
  - Senior Housing
  - Support Services
  - Age-Sensitive Considerations
  - Activity Programs
  - Safety in Day to Day Activities
Eden Alternative and Greenhouse Project

- Humanizing Care for the Elderly

~ Dr. William Thomas

Methodist Senior Services, Tupelo, Mississippi - McCarty Company
The Community-at-large

- Sidewalks = Independence
• Clearly mark crosswalks

• Crosswalk signals
Questions?